

Ripples



SKYE LOCH HOME OWNERS
ASSOCIATION NEWSLETTER
www.skyelochvillas.com

JANUARY 2022

ANNUAL BOARD MEETING/ELECTION: THURSDAY, JANUARY 6, at 6:00 p.m.

Location: Community Building and Zoom

DIRECTORS CORNER: The Board of Directors want to wish everyone a Happy Healthy New-Year.

The community building and swimming pool area will have wireless Wi-Fi next week. Look for an email message for the network name and password.

If you listen to music while at the pool please use your ear buds or headphones. Everyone has a different taste in music genre. Unfortunately there will be no Bingo this year with the current level of Covid 19. Volunteers will continue to plan community activities which will allow us to follow safe health practices. Once the new Board of Directors are in place there will be a need for residents to join committees as we try to restart while Covid 19 remains a health concern.

BOARD MEMBER ELECTION: Candidates running for a one year term: Elizabeth Hassett. For two year term: Kerry Jarvis, Joan Santilli and John McGilvary.

DUNEDIN CARES FOOD PANTRY: Thank you to all who participated. The response from residents was really good. Skyloch Villas would like to continue to collect food again for this organization. Please bring non-perishable, non-expired food items to the Community building kitchen all month.

THANK YOU! To everyone who donated toys to the Victims Advocate program. Sandra Garcia Olivares of the Pinellas County Sheriffs Department picked up the toys we collected.

COFFEE TIME: Has been canceled.

THANK YOU: To Ora and Irene Chapman for organizing the 1st Annual Golf Cart Parade. A great idea and a fun time.

GET WELL SOON: To Gordon Haining, Thea Hallihan and Mark Sloan.

WELCOME NEW RESIDENTS: Charles and Christine Ceranic.

OUR CONDOLENCES: To the family of Don Ayers.

HELPFUL HINTS: Going on vacation or a long weekend trip? So you don't have a water return, shut the fresh water valve to your villa OFF before you leave. Turning off the water heater will save you some dollars. The hot water will recover faster than you think. If you don't know where your water valve is, contact Jed Lowry. As you know Skye Loch Villas was built 50+ years ago to the standards of that time. Today, plumbing standards have been increased including the size of the residential sewer lines. Although the packaging states Personnel Hygiene Wipes are flushable, (they are NOT) they will clog your piping if you continue to flush them regularly. Like all personnel hygiene products they should never be flushed in the toilet but disposed properly.

"The whole world is a series of miracles, but we're so used to them we call them ordinary." Hans Christian Anderson

YELLOW DOT AND VIAL OF LIFE PROGRAMS

How the programs work:

Pinellas County Yellow Dot and Vial of Life programs give you a voice when you are seriously injured or impaired and can't speak for yourself. Simply complete the medical information form and place one copy in your cars glove compartment and another copy in a plastic bag on your refrigerator. Then put the Yellow Dot sticker at the bottom on the left side of your cars rear window and the Vial of Life sticker on your home's front door to tell first responders that your health care information is inside.

The information you provide will help first responders:

1. Identify who you are.
2. Determine if you have a pre-existing medical condition that may inhibit you from communicating.
3. Ensure that your current medications and pre-existing medical conditions are considered during decisions made about your treatment.

Yellow Dot: Display the Yellow Dot decal at the bottom on the left side of your vehicles rear window, it alerts first responders to valuable health care information located in your cars glove compartment or an attached compartment on your motorcycle.

Vial of Life: Post the Vial of Life decal at eye level on your homes front door to alert first responders to valuable health care information located in a plastic bag attached to the outside of your refrigerator.

For Yellow Dot kits, place the Yellow Dot sticker at the bottom on the left side of your cars rear window and put the form in your glove compartment.

For Vial of Life kits, place the Vial of Life sticker on your homes front door and put the form in a plastic bag attached to the outside of your refrigerator. Have questions? Contact Pinellas County EMS & Fire Administration at (727) 582-5750 or yellowdot@pinellascounty.org.

These Vial of Life Kits will be available at the Annual Meeting. There is enough for everyone here at Skye Loch Villas. If you are not attending the meeting please reach out to MaryJane Hough at jmjhough@bellsouth.net to get a Kit.

AMBULANCE MEMBERSHIP Offers solution to out-of-pocket expenses:

Pinellas County residents have a low-cost solution to costly ambulance expenses thanks to Sunstar's FirstCare Ambulance Membership. The membership plan provides financial help for individual patients or families on out-of-pocket expenses for ambulance transportation. The estimated average cost of a single ambulance transport is \$796. Annual membership fees for the Sunstar FirstCare Ambulance Membership plan are \$83 for a Single Membership and \$125 for a Family Membership. Membership covers 100% of expenses associated with deductibles and co-payments and 50% of medically necessary trips denied by insurance. Uninsured members receive a 20% discount on medically necessary ambulance transportation.

In 2020, the membership plan saved residents an average of \$180 per transport.

The Family Membership covers individuals who reside in the same household related by blood, adoption, marriage, or registered domestic partnership.

The Sunstar FirstCare Ambulance Membership is not an insurance plan. It is a Pinellas County Government program that works with an individual's insurance company to minimize out-of-pocket ambulance expenses.

Individuals should enroll as soon as possible to receive additional coverage. New enrollees, paid in full prior to March 31, 2022, will receive more than 12 months of coverage for the cost of the one-year plan. For more information and detailed plan coverage, call (727) 582-2008 or visit www.pinellas.gov/membership.

TAMPA URGENT MEDICAL CARE & COVID TESTING:

For the same cost as an urgent care visit, the DispatchHealth house call team arrives at your door able to test and treat COVID-19 symptoms, flu, strep, mono...don't worry, we treat everything an urgent care can, and more.

Website: WWW.dispatchhealth.com

Stay Home, Stay Safe, Let DispatchHealth Come to You
Hours: 8 AM - 10 PM every day

In-network with most insurance including Medicare and Medicare Advantage.

We currently do not offer the COVID-19 vaccine shot.

Healthcare System Collaboration

DispatchHealth is proud to partner with AdventHealth to offer patients safe, same-day medical care in the comfort of their own homes for urgent but non-life-threatening health issues.

Tampa COVID-19 Test

Patients with symptoms: Get results in 20 minutes or less. For patients experiencing fever, shortness of breath, cough, new loss of taste or smell, or other common COVID-19 symptoms. Patients without symptoms: Get results in 2-3 days on average. For those who have been exposed to someone with COVID-19, want to visit a high-risk family member, are returning to work, or need to be tested for travel purposes. DispatchHealth administers either RT-PCR test or a lateral flow antigen test. Thin nasal swabs are quickly inserted into the patient's nose to collect the specimen.

We accept most major health insurance plans in addition to Medicare and Medicare Advantage and are in-network for: AARP, AvMed, Bright Health, CarePlus, Devoted Health, GEHA, Humana, UMR, UnitedHealthcare, Vivida Health and more.

Additional payment methods accepted: Credit, Debit, Health savings account (HSA), Health reimbursement account (HRA), Flexible spending account (FSA)

DispatchHealth's prices are competitive with conventional urgent care facilities and cost 80-90% less than an ER.

Questions? Grab your insurance card and give us a call at 813-537-3043

What We Treat:

Two providers arrive at your home, including a physician assistant or nurse practitioner, and a DispatchHealth medical technician (DHMT). They can treat complicated health issues for people of all ages – from infants (over 3 months) to seniors.

Common Questions:

How are your medical teams taking precautions during COVID-19? Our teams wear surgical masks, gloves and protective eyewear for every patient encounter. For patients with respiratory and/or COVID-19 symptoms our teams also wear N95 respirator masks, eye protection, gowns and shoe covers. Our teams follow strict guidelines for entering and exiting patient homes, and we thoroughly disinfect our kits and cars after every patient visit. Learn more about our COVID-19 response.

How quickly does the medical team arrive at my home? After contacting us, it typically takes 1-2 hours for a medical team to come to your location. Please note that the ETA may vary depending on the number of patient visits we have that day. When you call to schedule a visit, you will be given an accurate arrival time.

How much does DispatchHealth cost?

A visit with DispatchHealth costs roughly the same as a walk-in urgent care visit. On average, most patients pay anywhere from \$5 – \$50 after insurance. The percentage of the total bill you're responsible for is determined by your insurance plan. Note that if you have a high deductible plan, you will need to meet your deductible before your insurance will cover the cost.

What if I don't have insurance?

If you do not have or we are not contracted with your insurance company, DispatchHealth accepts payment of a flat rate of \$275 at the time of treatment via credit card. This flat rate is for everything that we do, which includes medications administered, procedures performed, and on-site lab tests obtained. At times, third-party service providers may be recommended including imaging, labs, prescriptions or other healthcare services. In these instances, the patient will be billed separately by those services. Payment methods include credit, debit, health savings account (HSA), health reimbursement account (HRA) and flexible spending account (FSA) payments.

WHY RECYCLE: It is vital to recycle and reduce waste in Pinellas County because we have only one active disposal facility. Did you know that over 75% of the trash in Pinellas county could be recycled. Recycling programs, along with waste reduction and waste diversion programs, help conserve landfill space and resources to ensure a sustainable future. Recycling just takes a little bit of effort on our part and benefits our future and our children's. All you need is a reusable container that seals well to collect your rinsed out bottles and cans. When it is full transport it, along with your old newspapers, cereal boxes and cardboard to the Dunedin recycle location at 817 Lake Haven Rd.

PLEASE RECYCLE. It helps our community, our environment and Skye Loch. Our trash dumpsters will be empty if everyone does their part to recycle. Any Styrofoam packaging or food containers (Styrofoam food trays and cups stamped with #6) can be taken to local grocery store. Shipping stores take some packing Styrofoam.

Dunedin's Recycling Program Information: Residents can recycle many items to reduce the amount of waste going into the landfill. When single stream guidelines are not followed and unacceptable material creeps into the recycling stream, the contamination can force the entire load of recyclables to the landfill. **What can I recycle?** • Glass bottles and jars • Plastic bottles and jugs • Cans • Cartons • Paper and cardboard. Everything clean and dry • **No caps • No lids • No straws • No food • No shredded paper • No plastic bags.** In 2020, recycling in Pinellas County had a 19% contamination rate. Based on a study conducted in October 2020, the contamination rate of recyclables collected in the County* was 19 percent (by weight). This means that nearly one in every five pounds of recycling collected was either garbage or other materials not accepted in local recycling programs. Contamination can damage equipment, endanger staff and make quality recyclables unusable.

What can you do to decrease contamination in your recycling bin? Follow your recycling program rules, and review them at least once a year. Stick to the basics and place only items shown on the cover of this guide in your recycling bin. The top contaminants found were: • Plastic bags • Tangles (wires, cords or hoses) • Styrofoam • Food waste and food residue • Yard waste. When in doubt, leave it out These items do not belong in your recycle bin: • Clothing • Yard waste • Wires, cords or hoses • Tissues, paper towels or napkins • Styrofoam or packing materials • Plastic bags. Still not sure where it goes? Use our search tool at pinellascounty.org/wheredoesitgo to find out!

Some people could be given an entire field of roses and only see the thorns in it. Others could be given a single weed and only see the wildflower in it. Perception is a key component to gratitude. And gratitude a key component to joy.

— Amy Weatherly

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